CICS COLLEGE OF TEACHER EDUCATION, MATHARA
In Association with IQAC

MEDICAL HEALTH CAMP
In collaboration with
MALABAR HOSPITAL AND MALABAR EYE HOSPITAL



ACKNOWLEDGEMENT

The Medical Camp was organized at CICS College of Teacher Education on 6th July, 2022 with support and collaboration of Malabar Hospital and Malabar Eye Hospital, Calicut in association with IQAC. We offer our sincere thanks and appreciation to the Medical team of Malabar Hospital and Malabar Eye Hospital for their time and support. We also thank the Manager, the Principal, the teaching staff , non teaching staff and student volunteers of CICS College of Teacher Education, Mathara.

INTRODUCTION

Being healthy is essential for all human beings for discharging their duties and responsibilities effectively. Free medical camps are setup with a sacred aim to bring awareness among the deprived population of the country who have no access to basic healthcare or knowledge about the diseases they are suffering from. These camps make sure people are getting the healthcare at the correct time, and seeing the doctor early enough before a small health problem turns serious.

It is said that eyes are windows to the soul and without our eyes, we are forced to live a very miserable life. It is evident that there are lots of people in our society who are suffering from eye disorders such as cataract, poor vision, glaucoma night blindness etc. Eye camps are meant to create awareness among people and provide them various services like eye care education, full eye checkups, medical care etc.

The objectives of medical camps are:

- Provide initial care to people in life threatening conditions
- Provide free and high quality medical services to poor population.
- Raise health awareness among the community and to teach them to deal with communicable and non communicable diseases.
- Register rare and severe cases and refer them to specialized centers.

Medical camps are solely serving humanity by taking care of adults and children and giving them healthcare for free. Healthcare is the basic right of human being that should be available for everyone and shouldn't be treated as a commodity only for those who can spend money to buy the services. When the majority of hospitals and clinics are closed for the poor people, free medical camps step in as their biggest hope.Even the poorest among us deserve the dignity of equal human rights which cannot be declined.

MEDICAL CAMP PROGRAM

PLANNING AND PUBLICITY

CICS College of Teacher Education in collaboration with Malabar Hospital and Malabar Eye Hospital planned to organize a medical camp on 6th July 2022 at CICS CTE Mathara. For publicity, students were divided into ten groups and were given duty to distribute pamphlets in the nearby areas on 4th July 2022. Ms. Shyja was in charge of publicity work. Advertisement about the medical camp was given in Malayala Manorama newspaper. Loudspeaker announcement system was used to increase the publicity of the program headed by Ms Shyja K, Mr. Anulal and supported by Mr. Athul Prakash on 5th July 2022.Permission from Police station was taken for public announcement. Arrangements were made in the college to setup rooms and other facilities for the camp with the help of the Principal, teaching staff, non teaching staff and students. The purchasing committee purchased all necessary items needed for setting up the arrangements. The campus and its surroundings were properly cleaned prior to the medical camp.





സൗജന്യ മെഡിക്കൽ ക്യാമ്പ് ആറിന്

കോഴിക്കോട് ▸ മാത്തറ സി.ഐ.എസ്. കോളേജ് ഓഫ് ടീച്ചർ എജ്യുക്കേഷൻ ആറിന് ബുധനാഴ്ച കോളേജ് കാമ്പസിൽവെച്ച് രാവിലെ ഒമ്പതുമുതൽ ഒരു മണിവരെ സൗജന്യ മെഡിക്കൽ ക്യാമ്പ് നടത്തുന്നു.

മലബാർ ഹോസ്പിറ്റലുമായി സഹകരിച്ചാണ് ക്യാമ്പ്. ആരോഗ്യ ബോധവത്കരണക്ലാസിൽ ഡോ. കെ.പി. സംഗീത സംസാരിക്കും.

മലബാർ ഐ ഹോസ്പിറ്റലുമായി സഹകരിച്ച് സൗജന്യ നേത്രപരിശോധനയും തിമിരശസ്ത്രക്രിയ നിർണയവും നടക്കും.

ബുക്കിങ്ങിന് ഫോൺ: 9847493239.



Distribution of pamphlets

PROGRAM PROCEEDINGS

The Medical Camp started with registration at 9 am on 6th July 2022.The registration committee was headed by Mr. Mathew Joseph. There were two registration counters – one for General Checkup and the other for Eye Checkup. Separate tokens were also provided for smooth going of the camp. The Medical team from Malabar hospital and Malabar Eye hospital arrived at 9.10 am. Full eye checkup was offered in the eye camp. In the general

health camp, arrangements were made to find Body Mass Index, Blood Pressure and Sugar level. Proper sanitization and masks were provided to the people at the entry. A feedback box was kept to write feedback and suggestions . The first two hours of the camp were marked by the registration of people residing near the college. Snacks and tea were provided to all staff, non teaching staff and student volunteers at 10.30 am. Registration reached its peak around 11.30 am with the arrival of school students. There were also teachers from nearby schools and colleges. Patients with altered findings and poor adherence to the old treatment were referred to higher centers for further need. The registration was closed at 1 pm. Lunch was provided to all staff, medical camp faculties and student volunteers by 1.30 pm. Even though it was a rainy day, it didn't affect the smooth going of the camp.







REGISTRATION DETAILS

Out of 302 people who registered for the medical camp, 240 people registered for eye checkup and 62 people registered for general health checkup.146 students from CIRHSS School Mathara registered for the camp.

	MALE	FEMALE	CHILDREN
EYE CHECK UP	35	51	154
GENERAL HEALTH CHECK UP	15	47	-

DIAGNOSIS REPORT

Out of 213 patients diagnosed for eye checkup, 15 of them were found affected with cataract and 9 with Glaucoma as per the diagnosis reports of Malabar Eye Hospital.

MALABAR EYE HOSPITAL FACULTIES

SL NO:	NAME	DEPARTMENT
1	DR. REVATHY	DOCTOR
2	ANUSREE	OPTOMETRIST
3	ATHEERA	OPTOMETRIST
4	NIHALA	VISION
5	THENVIRA	VISION
6	RIYAZ	COUNSELOR

ORIENTATION CLASS

The health orientation class started at 11.45 am .Dr Indira (Principal, CICS College of Teacher Education) delivered welcome speech. The class was handled by Dr Sangeetha K P, Consultant Obstetrician and Gynecologist of Malabar Hospital Calicut. The orientation class focused on the health problems faced by women like PCOD and lifestyle management stressing the importance of good diet, regular exercise and daily activities. In the second half of the class, Dr Sangeetha gave valuable instructions to care with Menstruation related problems and Delivery. Towards the end of the class, she cleared the doubts and queries of the audience. Miss Adhila (Student, CICS College of Teacher Education) delivered vote of thanks. The class was over by 1 pm.



