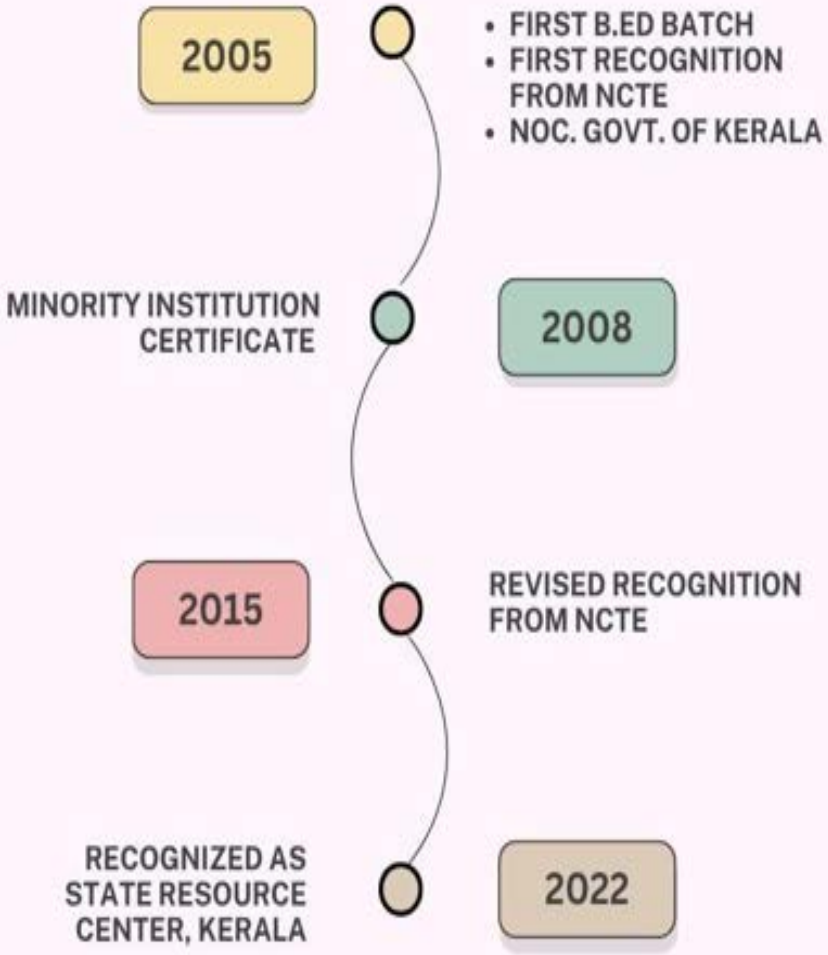
HISTORIC HIGHLIGHTS



CICS College of Teacher Education, one of the pioneer Institutions in the field of teacher education, started functioning with effect from the academic year 2005. Instituted under the Management of Calicut Islamic Cultural Society [CICS] which is wholly dedicated to social service, it is full-fledged college imparting B.Ed. curriculum of the University of Calicut, recognized and approved by NCTE & Government of Kerala and affiliated to University of Calicut. Well qualified, experienced and dedicated teachers, always ready to serve, team of management, with all infrastructural facilities above the requirements of this course, blessed with natural and serene atmosphere add to the grandeur of theinstitution and make it a unique one.

MOTTO:

Enlightening the Essence of Education

LOGO:

The logo of CICS College of Teacher Education depicts a book and a glowing bulb surrounded by a four leaf Clover representing students sitting in a group, pooling their ideas and seeing problems in different perspectives. The motto of the logo is 'Enlightening the Essence of Education'. The Book represents any source of information or skill that develops with the proper scaffolding of teacher which serves as the bulb glowing brightly and enlightening the essence of education. The four leaf Clover highlights four essential elements that students need in order to thrive, learn and develop: Active Engagement, Assertiveness, Belongingness and Reflection. By designing programs in education wherein each of these elements gets nourished, students can work towards their personal and professional balance. Striving for balance between the four leaves of the Clover can help students achieve positive mental health.

VISION:

We envision embarking a teacher education programme that endorses integration ofteaching and learning advancement through research, scholarship and leadership in service and outreach.

MISSION:

- To build competent teachers well versed in the art and science of teaching; focus on 'learning to know' and exhibit true professionalism in the field of education.

- To empower student-teachers with pedagogic principles and enable them to implement their innovative ideas in schools.

- To enthuse prospective teachers to be adaptable, open to change and be role models in society.

- To promote the student-teachers' proximal potential with a view to realize sociocultural values of the society.

- To facilitate a modern outlook to meet the challenges of the 21st century.

- To train the new generation teachers to preserve the values of the society and to redefine the role of teachers in the context of crisis, disaster management.

- To initiate and collaborate with Government and Non-government organizations in community welfare activities, so as to channelize the expansion of education from institution to society.

- To equip the teacher trainee to meet the global challenges and adapt to both off line and online teaching learning skills.






AZAL


ധ്വനി




ധ്വനി


INTRODUCTION

The AY 2020-'22 has been a remarkable period of growth, innovation and excellence. CICS CTE has continued to uphold its commitment to providing high-quality education and training to our students, while also fostering a culture of creativity and community engagement. Throughout the year, our students have been actively involved in a wide range of activities that have enriched the academic experience and contributed to the overall development of our institution. From academic programmes to extracurricular events, and community outreach initiatives CICS CTE has been a hub of activity.

The following are some of the key activities of our college in the academic year 2020-'22. We are proud to showcase the diverse range of activities that have made this year so memorable and impactful.

Take a leisurely stroll through the pages!

SL No	Events	Date
1	Orientation Programme	11/Jan/2021
2	English Club Inauguration	23/Feb/2021
3	International Day for Biological Diversity 2021	22/May/2021
4	World Environmental day	05/Jun/2021
5	World Ocean Day	08/Jun/2021
6	Reading Day & reading Week Celebration	19/Jun/2021
7	Observance of International Day in Support of Victims of Torture	26/Jun/2021
8	Talents day	06/July/2021
9	The Inauguration of Psychology Club – ANTARA (2020–2022	14/July/2021
10	Mehandi Fest – Bakrid Celebration 2021	21/July/2021
11	Helping Hands	06/Aug/2021
12	Onam Celebration	18/Aug/2021
13	English Club 2020-‘22	23/Aug/2021
14	Expedite - People & Tech its Best	08/Nov/2021
15	Human ights Day	10/Dec/2021
16	Community Living Camp – AZAL	13 – 16 /Dec/2021
17	Basic Life Support (BLS) & Trauma Management Training	20/Dec/2021
18	National Mathematical Day	22/Dec/2021
19	Christmas Celebration	23/Dec/2021
20	Art & Drama Workshop	13 /Jan/2022
21	Inter College badminton Competition	21/Feb/2022
22	Photography Contest	27/Feb/2022
23	ILMESTYS Science Day Celebration	28/Feb/2022
24	Women’s Day Celebration	08/March/2022
25	Sports day	23/March/2022
26	Arts Fest Dhwani	30/March/2022
27	College trip- Kulu Manali	5 – 17 /May/2022

1. Orientation Class by Mr Ameer Hassan



Date : 11 Jan 2021

An inspiring orientation session was conducted at CICS College of Teacher Education on 11 January, 2021, for the newly admitted B.Ed. students. The resource person was Mr Ameer Hassan, an eminent educationist and Head of the Department of Islamic Studies and Arabic at the Islamic College of Brisbane, Australia.

The session began with a prayer and a cordial welcome address by the Principal, Dr. Indira K who highlighted the purpose of the orientation and introduced the guest speaker. Mr. Hassan delivered a motivational induction speech focusing on the values of teaching, moral responsibility, and the global outlook required of modern educators. He emphasized that teaching is not merely a profession but a lifelong commitment to shaping minds and nurturing humanity.

His address inspired the students to adopt a positive mind-set, develop a passion for learning, and uphold integrity and empathy in their professional journey. The interactive nature of the session kept the audience engaged throughout, with students enthusiastically sharing their thoughts and reflections.

The Principal and faculty members highly appreciated Mr Hassan’s insightful presentation and his ability to connect with the young audience. Students expressed that the session instilled confidence and motivation as they embarked on their B.Ed. journey.

The programme concluded with a vote of thanks, marking the session as a memorable and intellectually enriching start to the academic year.

2. English Club TEAM 2020- LITWITS



Inauguration of LITWITS English Club

Date : 23rd February 2021
Venue : Department of English, [CICS CTE]

The Department of English proudly inaugurated its new English club, "LITWITS," on 23rd February in a vibrant and inspiring ceremony attended by faculty, staff, and students. The initiative aims to foster a love for literature and creative expression within the academic community.





The event began with a welcome address by the Head of the Department, Dr. highlighting the club’s objectives to enrich literary culture and encourage collaboration through various activities, competitions, and workshops. Special emphasis was placed on nurturing creativity, critical thinking, and leadership among the students. The highlight of the ceremony was the formal election of office bearers. Ms Kavitha was elected as the Club Secretary after a spirited and inclusive process, receiving widespread support and congratulations from students and faculty. Her acceptance speech reflected her commitment to upholding the vision of LITWITS and motivating peers to participate actively in all club endeavours’ memorable feature of the inauguration was the unique metal badges handcrafted by the students. Each badge was delicately shrined with the club’s name “LITWITS,” symbolizing the creative spirit and unity of the new organization. These badges were distributed to the student members during the ceremony, instilling a sense of pride and belonging. The proceedings also included a brief presentation on upcoming events, book reading sessions, and intercollegiate literary competitions. Faculty members lauded the initiative and encouraged students to make the most of the club’s potential. The function concluded with a vote of thanks from Ms. Kavitha, acknowledging the tireless efforts of all participants. The inauguration left everyone inspired, marking the beginning of an exciting journey for the LITWITS English Club.

3. International Day for Biological Diversity 2021

Organized by : Peet Memorial Training College, Mavelikara
Date : 22 May 2021
Mode : Online

To commemorate the International Day for Biological Diversity on 22 May 2021, Peet Memorial Training College, Mavelikara organized an exciting and informative online quiz competition. The event aimed to raise awareness about the importance of biodiversity and to engage students in a fun and educational activity that highlights the richness of life on Earth.

The quiz was open to students from various institutions and was designed to test their knowledge on topics related to biodiversity, conservation, and environmental sustainability. Participants enthusiastically took part in the competition, showcasing their awareness and commitment to protecting nature.

The initiative was well-received and widely circulated among student groups, encouraging active participation and spreading the message of biodiversity conservation. The event not only celebrated the global theme of the day but also fostered a sense of responsibility among young minds toward preserving our planet's ecological balance.

Conclusion:
The online quiz competition organized by Peet Memorial Training College was a resounding success, aligning with the global efforts to promote biodiversity awareness. It served as a platform for students to learn, engage, and contribute to the cause of environmental stewardship.

4. World Environmental Day

Organized by : NS Option
Theme : *Ecosystem Restoration*
Mode : Online & Home-based Activities
Date : June 5, 2021

To mark World Environment Day on June 5, 2021, NS Option led a vibrant and meaningful celebration centred on the global theme *Ecosystem Restoration*. The initiative aimed to inspire participants to take personal responsibility for restoring nature and protecting biodiversity through creative and hands-on activities.

Activities Conducted

1. **Sapling Plantation Drive**
   Every participant was encouraged to plant a sapling—such as mango, jackfruit, coconut, or sapota—at their home.
   - Photos were taken during the planting, featuring family members to emphasize collective action.
   - These photos were collected and compiled into a digital album showcasing the community's commitment to greening their surroundings.
2. **Creative Expressions on the Theme**
   Participants contributed original works that reflected the theme of ecosystem restoration, including:

- Poems, Slogans
- Cartoons and illustrations
  these creative pieces were shared online to raise awareness and celebrate the spirit of environmental stewardship.

To enrich the celebration, the following activities were proposed and welcomed:

- **Eco-Bricks Challenge:** Create eco-bricks using non-biodegradable waste and share photos or tutorials.
- **Nature Journaling:** Document observations of local flora and fauna over a week.
- **Up cycling Workshop:** Share ideas or videos on turning waste into useful items.
- **Green Pledge Wall:** Participants write and share personal pledges for environmental action.
- **Online Quiz or Poster Contest:** Engage students in fun, educational competitions related to the theme.

Conclusion

The World Environment Day celebration was a resounding success, blending creativity, action, and awareness. Led by NS Option, the event empowered individuals and families to contribute to ecosystem restoration from their homes, proving that small steps can lead to big changes.

5. World Ocean Day Celebration

Organized by : Department of Physical Science
Theme: *Ocean* *: Life and Livelihood*
Mode : Online
Date : June 8, 2021

In celebration of World Ocean Day on June 8, 2021, the Department of Physical Science hosted a vibrant and educational program to raise awareness about the vital role oceans play in sustaining life and livelihoods. The event was designed to engage students creatively and intellectually through two key activities:

📽️ PowerPoint Presentation

Participants prepared and presented informative slides on the theme *Ocean: Life and Livelihood*, exploring topics such as marine biodiversity, ocean-based economies, conservation efforts, and the impact of human activities on ocean health.

🎨 Digital Poster Making Competition

A creative competition was held on the theme *Creatures of the Deep*, inviting students to design digital posters that showcased the mysterious and diverse life forms inhabiting the ocean depths.

- Entries were submitted via a dedicated Whatsapp group.
- The deadline for submissions was June 9, 2021.

 Participation & Impact

The event received enthusiastic support and participation from students across departments. It served as a platform to foster environmental consciousness and artistic expression, while highlighting the importance of protecting our oceans for future generations.

6. Reading Day & Reading Week Celebration

Organized by : LitWit – English Department, CICS College of Education
Theme : *Let Reading Take You Places*
Occasion : National Reading Day in memory of Late P.N. Panikkar
Date : June 19, 2021

To honor the legacy of Late P.N. Panikkar, the Father of the Library Movement in India, LitWit—the literary wing of the English Department at CICS College of Education—proudly launched a week-long celebration of reading, beginning on June 19, 2021.

🌟 Highlights of the Celebration

- **Reading Day Kickoff**
  The event began with a heartfelt message: *"Let Reading Take You Places"*, encouraging students and faculty to embark on literary journeys that inspire, educate, and transform.
- **Tribute to P.N. Panikkar**
  A special segment was dedicated to remembering the contributions of P.N. Panikkar, whose vision sparked a nationwide movement promoting literacy and library culture.
- **Reading Week Activities**
  Throughout the week, participants were invited to:

- Share their favorite books and quotes
- Reflect on how reading has influenced their lives
- Explore new genres and authors
- Engage in book discussions and literary games

💬 Message from the Organizers

"There will be no human being in the world not influenced by a single book."
With this powerful thought, LitWit encouraged everyone to take this opportunity to discover the transformative power of reading.

📚 Impact

The Reading Week fostered a renewed enthusiasm for books and storytelling, reminding everyone that reading is not just a habit—but a journey that shapes minds and hearts.

7. Observance of International Day in Support of Victims of Torture

Date : 26 June 2021
Venue : CICS College of Teacher Education, M.G. Nagar, Mathara, Kozhikode
Organized by : Faculty and Student Council of CICS CTE

To raise awareness about the global issue of torture, promote empathy for victims, and educate future educators on the importance of human rights and dignity.

Programme Highlights

- **Inaugural Address:** Dr. K Indira the Principal of CICS CTE opened the event with a powerful speech emphasizing the significance of the day and the role of educators in promoting compassion and justice.
- **Guest Lecture:** A human rights activist from Kozhikode delivered a keynote on the psychological and social impact of torture, sharing real-life stories and global statistics.
- **Poster Exhibition:** Students created impactful posters, including one with the quote *“Torture is torture and humiliation is humiliation only when you choose to suffer”*, sparking discussion on resilience and perception.
- **Panel Discussion:** Faculty and students engaged in a dialogue on the ethical responsibilities of teachers in preventing abuse and fostering safe learning environments.
- **Cultural Segment:** A short drama and poetry reading by B.Ed. students illustrated the emotional toll of torture and the power of solidarity.
- **Pledge Ceremony:** Participants took a pledge to uphold human rights and stand against all forms of violence and humiliation.

Participants

- B.Ed. students
- Faculty members
- Local human rights advocates
- Community representatives

Outcomes

- Enhanced understanding of torture as a human rights violation.
- Empowered future teachers to advocate for safe and inclusive classrooms.
- Strengthened community ties through shared commitment to justice.

8. Talents Day Celebration

Date & Time : 6 July 2021, 10:00 AM
Venue : College Auditorium, CICS CTE, Mathara
Batch : B.Ed. 2020–22
Chief Guest : *Dr. K. Indira*, Principal, CICS CTE

Inauguration

The programme was formally inaugurated by **Dr. K. Indira**, Principal of the college, who delivered an inspiring address emphasizing the importance of nurturing talent alongside academic excellence. She encouraged students to embrace their unique skills and use them to enrich the teaching profession.

Student Performances

Students from the 2020–22 batch enthusiastically participated in a variety of performances that highlighted their **internal skills and creative flair**, including:

- **Classical and contemporary dance**
- **Vocal and instrumental music**
- **Poetry recitation and storytelling**
- **Drama and skits with social themes**
- **Art and craft exhibitions**

Each performance reflected the students’ dedication, confidence, and passion for the arts. The stage became a canvas for their imagination, and the audience responded with appreciation and encouragement.

Audience & Participation

The event was attended by faculty members, student teachers, and invited guests. The supportive environment fostered a sense of community and celebration, strengthening bonds among peers and mentors.

Recognition

Outstanding performances were acknowledged with **certificates of appreciation**, and the event concluded with a vote of thanks from the student council, expressing gratitude to the principal, faculty, and organizing committee.

Conclusion

The Talents Day celebration at CICS College of Teacher Education was a resounding success, providing students with a platform to **explore their potential beyond academics**. It reinforced the college’s commitment to holistic education and the development of well-rounded future educators.





9. The Inauguration of Psychology Club – ANTARA (2020–2022)

Organized by : CICS College of Teacher Education
Date : Wednesday, July 14, 2021
Time : 2:00 PM
Platform : Google Meet

CICS College of Teacher Education proudly inaugurated its Psychology Club, *ANTARA*, for the academic batch 2020–2022 on July 14, 2021. The event was held virtually via Google Meet, bringing together students and faculty in a celebration of psychological inquiry and personal growth.

🌟 Vision of ANTARA

Guided by the college’s philosophy—*Education by choice, with its marvellous motivating psychology of desire for truth*—the club aims to foster clarity, happiness, rhythm, and artistry in life through the exploration of psychological principles and practices.

🎉 Inaugural Highlights

- Opening remarks celebrated the transformative power of psychology in education and everyday life.
- Faculty members shared insights on the relevance of psychological awareness in teaching and learning.
- Students expressed enthusiasm for upcoming activities and the opportunity to engage in meaningful dialogue and discovery.

🔔 Looking Ahead

ANTARA will serve as a dynamic platform for workshops, discussions, creative projects, and collaborative learning experiences. Members are encouraged to stay tuned for updates and actively participate in shaping the club’s journey.

Regards,
Antara Club Members

10. Mehandi Fest – Bakrid Celebration 2021

Organized by : CICS College of Teacher Education
Occasion : Bakrid Day Celebration
Theme : *Art Unites Us, Even in Distance*
Mode : Online
Date : 21/07/21

As part of the Bakrid Day celebration in 2021, CICS College of Teacher Education hosted a vibrant and artistic event titled **Mehandi Fest**, inviting faculty and students to participate in a creative showcase of traditional beauty and cultural expression.

🎨 Event Highlights

- **Cordial Invitation**
  All faculty and students were warmly invited to join the celebration, emphasizing unity and joy during the festive season.
- **Online Participation**
  Despite the challenges posed by the Covid-19 pandemic, the spirit of art remained alive. Students enthusiastically participated by applying mehandi designs and sharing their photos online.
- **Creative Showcase**
  The submitted photos captured intricate mehandi patterns and joyful moments, reflecting the cultural richness and festive spirit of Bakrid. These entries were compiled into a digital album to commemorate the event.

🕊️ Message of the Fest

“The Covid-19 pandemic has not caused art to fall silent.”
This celebration stood as a testament to the resilience of creativity and the power of tradition to bring people together—even virtually.

11. Helping Hands

Date : 6/Aug/2021
Time : 10 am
Overview

In a heartfelt gesture of solidarity and social responsibility, the students of **CICS College of Teacher Education, Mathara** came together to support a local family facing financial hardship. Recognizing the challenges the family was experiencing in arranging their daughter's marriage, the students voluntarily raised and contributed a sum of **₹6,000**.

Objective

The initiative aimed to:

- Extend meaningful support to a family in need.
- Promote values of empathy, generosity, and community engagement among student teachers.
- Reinforce the college's commitment to social upliftment and ethical leadership.

Execution

- The contribution was collected through voluntary donations from students.
- A small delegation of students visited the family and **personally handed over the amount**, expressing their best wishes for the marriage.
- The act was carried out with dignity and respect, ensuring the family felt supported and valued.

Impact

- The family expressed deep gratitude for the timely assistance.
- Students gained first-hand experience in community service and the importance of social responsibility.
- The initiative strengthened the bond between the college and its surrounding community.

Institutional Support

While the initiative was student-led, faculty members appreciated the effort and encouraged such acts of kindness as part of holistic teacher education.

Conclusion

This act of financial support by the students of CICS CTE is a testament to the values of **compassion, civic duty, and ethical leadership** that the institution strives to instill. It serves as a reminder that small contributions can make a significant difference in someone's life.

12. Onam Celebration – 2021

Organized by : Aurora Social Science Club (ClCS Family)
Date : 18th August 2021 (Wednesday)
Mode : Digital Celebration

The Aurora Social Science Club successfully organized a Digital Onam Celebration on 18th August 2021, beginning at 10:00 AM. In view of the prevailing circumstances, this year’s Onam festivities were celebrated virtually, ensuring that all participants could join safely from their homes while still capturing the true spirit of the festival.

Despite the physical distance, the event reflected the warmth, joy, and togetherness that Onam brings to every Malayali heart. The online platform was filled with enthusiasm, creativity, and active participation from students of all departments.

The following events were conducted as part of the celebration:

1. Onappattu (Onam Song) – Participants showcased their musical talents by presenting melodious Onam songs that celebrated Kerala’s rich culture and traditions.

2. Onathallu (Traditional Games/Performance) – Students recreated the festive energy through lively performances and creative representations of traditional Onam games.

3. MaveliKKoru Premalekhanam (A Love Letter to King Mahabali) – This unique literary contest allowed participants to express their affection and messages of goodwill to the legendary King Mahabali through heartfelt letters and poems.

4. Malayali Manka & Maran – A fun-filled competition to choose the best traditional male and female representatives, celebrating Kerala attire, charm, and confidence.

5. Digital Pookkalam (Floral Carpet) – Students designed beautiful digital floral arrangements, combining traditional creativity with modern technology.

Participation and Prizes

The competitions were conducted at the department level, and the response from students was overwhelming. The winners of each category were awarded attractive prizes, and special awards were presented to the departments that secured first and second places overall.

Conclusion

The Digital Onam Celebration 2021 was a memorable event that truly embodied the essence of unity and joy amidst challenges. The enthusiasm and creativity of students made the program a grand success. The Aurora Social Science Club extends heartfelt thanks to all participants, faculty members, and volunteers for their valuable support and cooperation.

Let the spirit of Onam continue to inspire us towards harmony, prosperity, and happiness.

Wishing everyone a Happy and Prosperous Onam!

13. Expedite – People & Tech its Best



REPORT

Today's world is all about Information Technology. In fact, it has become the buzzword of the century in almost all sectors and educational institutions are no exceptions for this. The new generation is rapidly moving into the digital era and with the global health disaster COVID 19, remote learning has become a lifeline in education. The pandemic has imposed an unanticipated, unprecedented, unpleasant milieu in every walk of life. Online education has always been embraced by academicians as a supporting tool, but recently it has become a necessity.

To keep in tune with the fast changing needs of the educational sector, especially in a Teacher Education Institution like our college, an ICT resource center seemed to be indispensable. Hence it was decided to set up a good ICT Resource Center in the college, to meet the growing demands. The term EXPEDITE -PEOPLE and TECH AT ITS BEST was coined for the official inauguration program held in the college on November 8th 2021.

'Expedite' started at 10:30 am, with an invocation to the almighty, sung by Sanooja and Aliya of the 2nd year English and Physical Science departments.



The welcome note was delivered by Prof. Mohammed Basheer, Manager of CICS College of Teacher education.



The principal of CICS College of Teacher Education, Dr. Indira K delivered the presidential address.





The Manager of P K CICS Arts and Science college and the Executive Director of PK group, Shri. K E Moidu presented a slide and officially inaugurated the function.

He stressed the growing need for building a smart campus that can empower personalized learning environments. Campus resiliency is a must and keeps students and faculty safe through reliable , easy to use and cost effective communication, he added. He pointed out that it helps students, resources and faculties to stay connected seamlessly and securely. It enables learning and collaboration from anyone , anytime and anywhere.



Thereafter the next colourful program of the event was the "Honoring of Excellence".



Mrs Shyja K G Asst. Professor of Department of Physical Science at CICS College of Teacher Education was honoured for securing the best paper presentation award in an international conference on contemporary teaching pedagogy in a pluralistic society, organised by the department of teacher education D A V College, Dehradun, Uttarakhand, In collaboration with the Council for Educational Administration and Management, Uttarakhand.

The chief guest Shri K. E Moidu presented the memento to Mrs Shyja K G as a token of appreciation.



Subsequently, Mr Vimal T C, Asst. Professor, Department of Natural Science at CICS college of Teacher Education was honoured for being an inspiring teacher and helping 7 out of 10 of his students to get distinction in the university exams. The college topper is also from the same department.

The chief guest Shri K. E Moidu presented the memento to Mr. Vimal T C as a token of appreciation.



The students of the 2019-21 batch who got a distinction in the University examination were appreciated for their hard work and excellence in academics.

The chief guest Shri K. E Moidu presented the memento to Ms vidhya, the college topper



Prof. Mohammed Basheer, Manager of CICS College of Teacher Education, Shri Alikoya sir Member of CICS trust and the principal of PK Arts and Science college and Shri Kuttiyalikutty sir presented the mementoes to the twelve students who got distinction.



The Acknowledgement speech was delivered by Shyja ma'am and then Vimal sir.





Ms. Vidhya the college topper also shared her experiences and motivated the gathering.





Afterwards, the PTA vice President (shri) Mr. Subash M.M. offered the felicitation.

The principal of P K Arts and Science college Shri Kuttiyalikutty sir also felicitated the gathering.





Further, Shri Alikoya sir, Member of CICS trust, felicitated the gathering.

Mr. Sayisreerag union chairman 2019-2021 also felicitated the gathering



Thereafter, there was a small video presentation on the major events of the last academic year of CICS CTE.

The vote of thanks was proposed by Mrs. Myrtle Victor, Vice principal, CICS CTE.



The programme concluded with the National Anthem sung by Sanooja and Aliya of 2nd year English and Physical Science departments.







COMPERING

Gayathre N

Aleena James



DOCUMENTATION

Dr. Indira K

Aleena James

Gayathre N

14. Human Rights Day Celebration

Date : 10th December
Theme : “All Human, All Equal”
Organized by : Department of Social Science / College Assembly Committee

The Department of Social Science organized a special programme on 10th December to commemorate Human Rights Day, observed globally to promote equality, justice, and human dignity. The celebration was conducted during the morning assembly, focusing on this year’s international theme — “All Human, All Equal.”

Programme Details

The event began with a short presentation by the students highlighting the relevance of the theme, emphasizing that all individuals, regardless of race, gender, nationality, or belief, are entitled to the same basic rights and freedoms. The presentation included meaningful reflections on the importance of respecting and protecting human rights in everyday life.

To make the programme more engaging, students also expressed their creativity through cartoon drawings related to the theme. The Social Science optional students prepared colorful and thought-provoking illustrations depicting equality, justice, and unity among all people.

Highlights

Thoughtful presentation on the importance of equality and human dignity.

Creative and visually appealing cartoon exhibits by students.

Active participation and awareness among all student-teachers.

Outcome

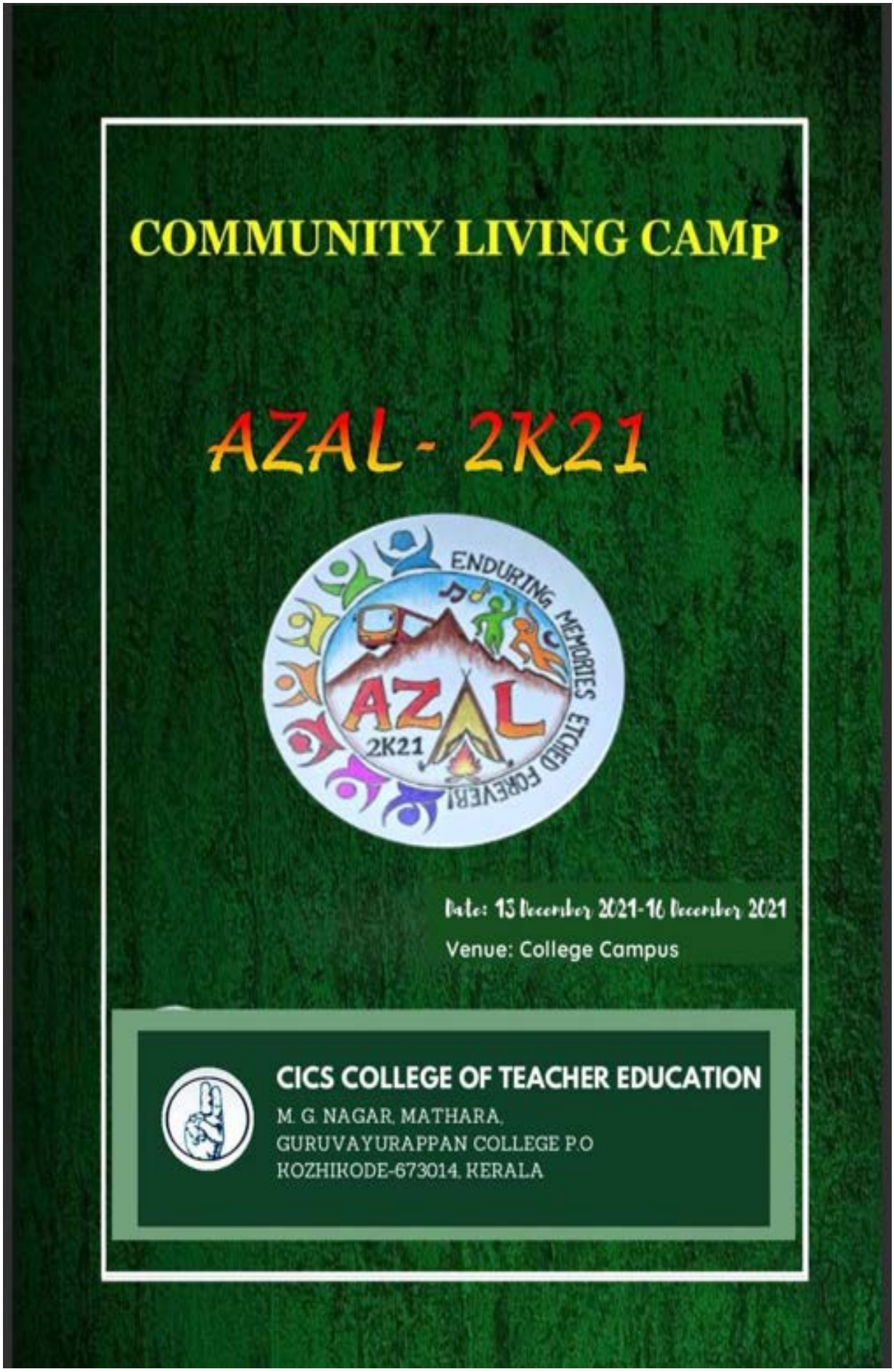
The programme successfully inspired the students to recognize their role in upholding human rights in society. It fostered awareness of the need for compassion, inclusivity, and equal treatment for all individuals.

Conclusion

The Human Rights Day celebration was both educational and inspiring. It encouraged everyone to reflect on the message that we are all human and all equal, reinforcing the importance of equality and justice as the foundation of a peaceful society.

15. Community Living Camp




COMMUNITY LIVING CAMP
AZAL- 2K21
ENDURING MEMORIES ETCHED FOREVER!
AZAL
2K21
Date: 13 December 2021-16 December 2021
Venue: College Campus
CICS COLLEGE OF TEACHER EDUCATION
M. G. NAGAR, MATHARA,
GURUVAYURAPPAN COLLEGE P.O
KOZHIKODE-673014, KERALA

Camp Message

The novel corona virus has taken away a lot of our privileges and changed our perceptions, but it has left behind things to ponder upon. It made us understand the value of human relationships and other mundane stuff we didn't pay attention to earlier.

The lockdown forced us to stay indoors; changing the whole dynamics of 'space'. With limited space both physical and abstract, we learned to be more patient and positive. The pandemic made us realise that we are all in the same situation and we can only come out of this together. 'Azal' will reinstate the lessons taught and make us realise the value of the littlest of moments and how important it is to cherish them together!

Dr. K Indira
Principal

Smt. Shyja K. G
Camp Co-ordinator

Anjali. R
Student Convenor

Rahoof M. C
Student Convenor

Camp Song

ഓർമയിൽ കോർക്കാം ഈ നല്ല നാളുകളേ
നല്ലൊരു നാളേക്കായ് സ്വപ്നങ്ങൾ നെയ്തിടം
ഒന്നിച്ചിരുന്നിടാം
കഥകൾ പറഞ്ഞിടാം
പോയൊര കാലത്തിൻ നിമിഷങ്ങളോർത്തിടാം

എന്നെന്നും ഓർത്തിടാൻ
അക്ഷരമുത്തുകളാൽ
ഒരു കവിത കോർത്തിടാം
ഹൃദയത്തിൽ കൊത്തിടാം...

ഈ വഴിത്താരയിൽ
ഏതോ നിമിഷമിൽ
തമ്മിലറിയാതെ ചേർന്നോരാ
ഏടുകളല്ലോ നാം....

സൗഹൃദത്തിൻ വസന്തവും
കുളിരാർന്ന പ്രണയയവും
പകർന്നൊരാ നാളുകൾ
വിടചൊല്ലിയകലുകയായ്...

പുസ്തകതാളിലെ കഥയിൽ
തിരഞ്ഞിടാം കുത്തിക്കുറിച്ചോരാ
പോയകാലത്തേ...
കൊഴിഞ്ഞൊരാ ഓർമ്മകൾ...

OBJECTIVES OF AZAL 2K21

- Development of social skills
- Achieving qualities like cooperative mentality, tolerance and team spirit
- To understand the nature and advantages of group responsibility and to experience it through practice
- To accept and tolerate human mistakes
- To sacrifice our interest to others wellbeing
- To identify limits of our freedom in a social order and to discharge the duties assigned to us
- Moreover to inculcate the eternal insight that every elements in this universe is interrelated and interacting with each other.


CICS CTE
CICS COLLEGE OF TEACHER EDUCATION
AZAL
COMMUNITY LIVING CAMP
CHIEF GUESTS
Dr. SHAILENDRA VARMA.B
(Asst. Prof. Sociology
Curuvayurappan College, Kozhikode)
Smt. KABANI
(Drama/cine artist
& Alumni of CICS CTE)
Ms.MEGHNA
"UNNIKRISHNAN"
(World Record, Asia
Book of Records and India
Book of Records)
Sri. SOUMYENDRAN KANKAMVELLY
(Trainer, Theater Artist)
Sri. MAHESH KOLOBA
CHILAMBU
FOLK BAND
THE DRIVING FORCE OF AZAL
Smt.SHYJA K.G
(Camp Director)
Ms. ANJALI . B
(Camp Convenor)
Mr.RAHOOF M.C
(Camp Convenor)
4 AZAL


CICS CTE
AZAL
13 DEC 2021
MONDAY
DAY ONE
9.30 am FLAG OFF
10.00 am INAUGURAL SESSION
PRAYER Ms. GAYATHRE N, Ms. SANOOJA A.L, Ms. SUGEETHA SALAM
WELCOME SPEECH PRINCIPAL (CICS CTE)
KEYNOTE ADDRESS SMT.SHYJA K G (Camp Director Asst. Prof. Physical Science, CICS CTE)
INAUGURATION Dr SHAILENDRA VARMA.R (Asst. Prof. Sociology Guruvayurappan College, Kozhikode)
INTRODUCING CAMP SONG, CAMP LOGO & CAMP NAME
CAMP SONG MS. GAYATHRE N, MS. SANOOJA A.L, MS. SUGEETHA SALAM, MS. HILNADAS P.H
PRESENTATION OF MEMENTO TO THE CHIEF GUEST
HONOURING THE CHIEF GUEST AND RESOURSE PERSON
Smt. KABANI (Drama/Cine Artist & Alumni of CICS CTE)
MS. MEGHNA (World Record, Asia Book of Records and India Book of Records for painting most national flowers on a single glass bottle. Asia Book of Records and India Book of Records for painting most cartoon characters within a single bottle.)
ONLINE FELICITATION Dr.N P HAFIZ MOHAMAD (Writer)
Dr.R K SUNIL KUMAR (IT Director, Kannur University)
Sri. VINOD KOVOOR (Film Artist)
Sri. HARISH KANARAN (Film Artist)
Sri. NIRMAL PALAZHI (Film Artist)
Sri. HAREESH PERADI (Film Artist)
Sri. NAVAS VALLIKUNNU (Film Artist)
Dr. FATHIMA ASLA (Writer)
Dr. ARYA GOPI (Writer)
FELICITATION Prof. MOHAMMAD BASHEER (Manager, CICS CTE)
Mr. ASWATH M
Ms. ANJALI R (Camp Convenor)
DANCE TO YOUR RHYTHM Ms. BINDHYA M, Ms. PRINSHA K, Ms. ARYA M.V
VOTE OF THANKS Mr. RAHOOF M. C (Camp Convenor)
A Hug in a Cup- T time!
5 AZAL

AZAL

DAY ONE

13 DEC 2021
MONDAY

11.30 pm- 1.00pm	*Teaching or Acting?*
RESOURCE PERSON	Smt. KABANI
WELCOME SPEECH	Mr. SAHAD C.V
VOTE OF THANKS	Mr. MUHASIN T

Mmm.... It's "MANDI" time!

2.30pm-3.30 pm	*FLAIR- "It's About Making Ideas Happen"*
RESOURCE PERSON	Ms. MEGHNA UNNIKRISHNAN
WELCOME SPEECH	Ms. ALIYA C A
VOTE OF THANKS	Ms. AYSHA MURADH P C

3.30pm-4.00pm — *Life is Like a Cup of Tea..Enjoy*
CAMP REVIEW

NATIONAL ANTHEM

CICS CTE

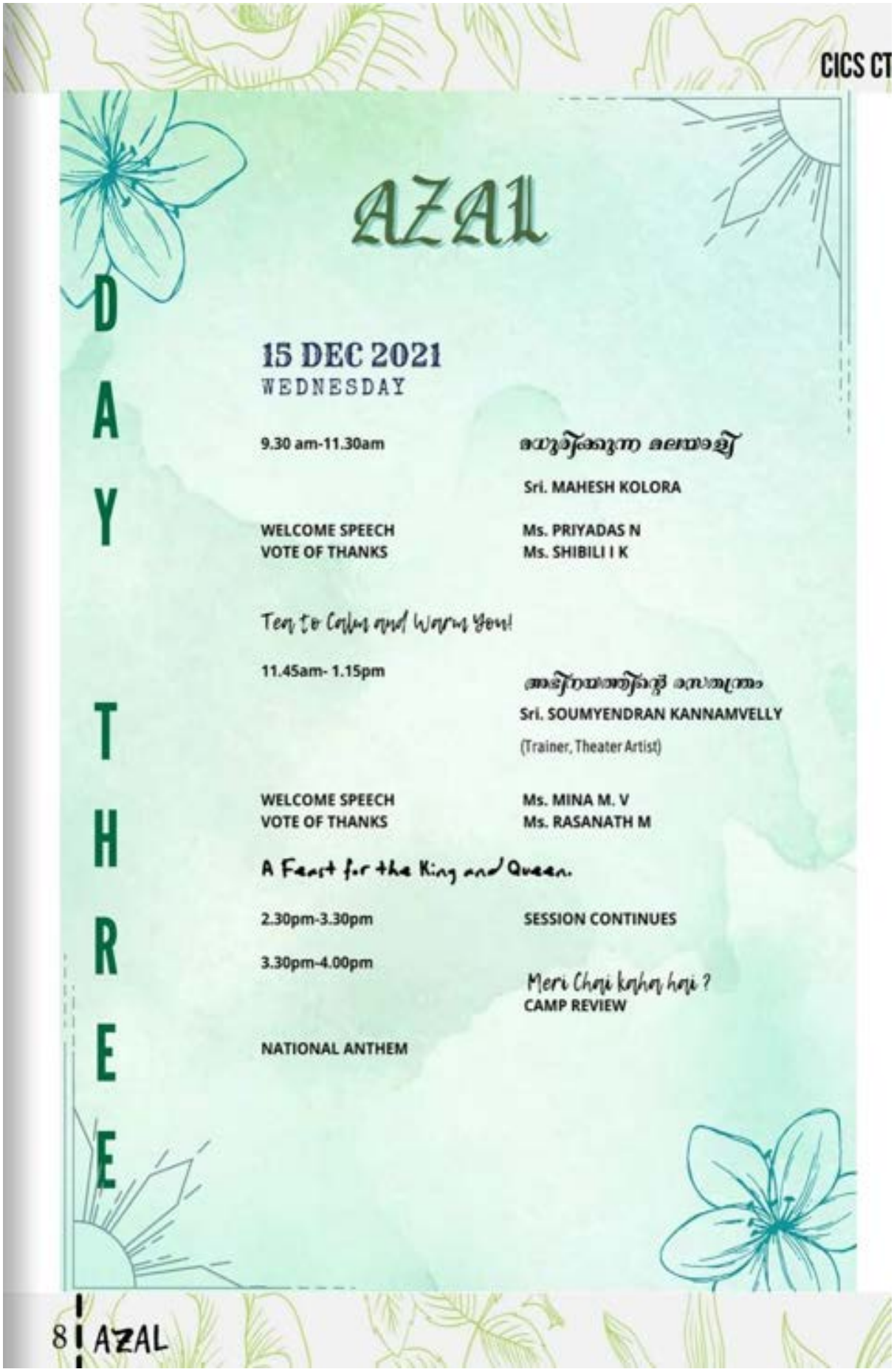
AZAL

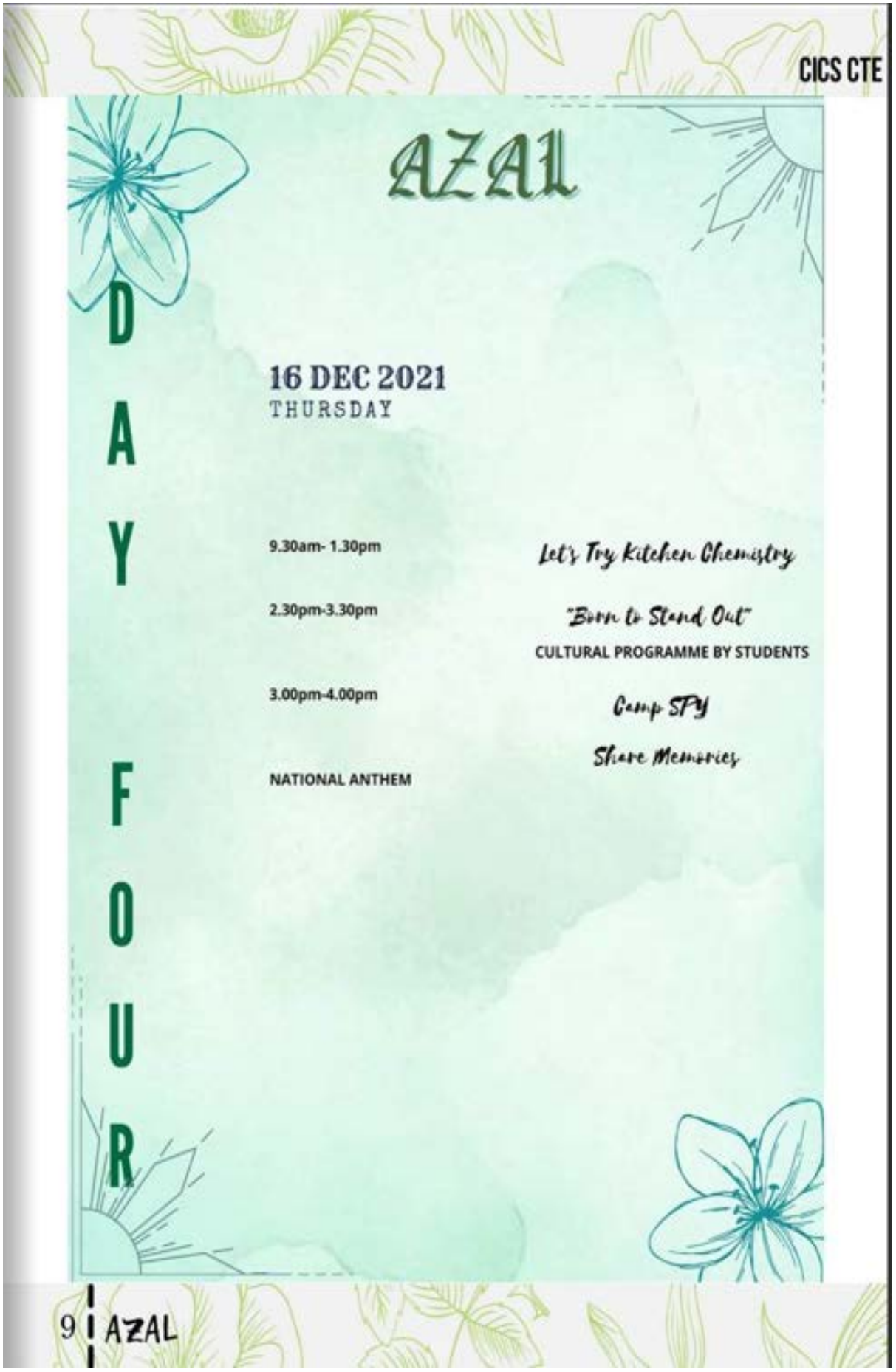
DAY TWO

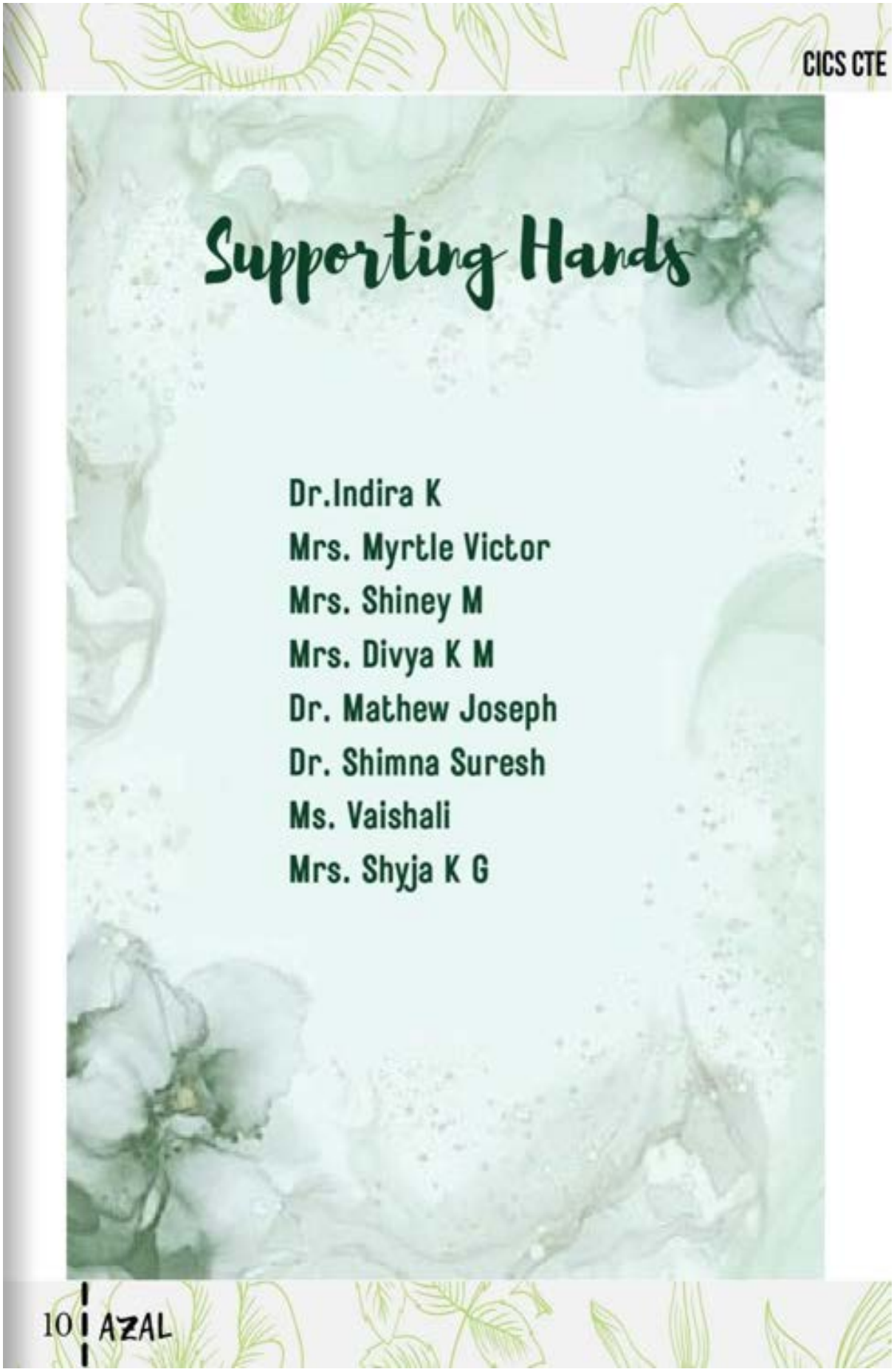
14 DEC 2021
TUESDAY

9.30am-12.00pm	"Twice as Crazy"
Add Dum + BIRIYANI....	
1.30pm-3.30 pm	"Feel the Melody of Life"
	NADAN PATTU PRESENTATION
	ajeeni
	FOLK BAND, KOZHIKODE
WELCOME SPEECH	Ms. SANOOJA A. L
VOTE OF THANKS	Ms. KAVITHA. A
3.30pm-4.00pm	Happiness is a Cup of Tea with Friends!
	CAMP REVIEW
NATIONAL ANTHEM	

7 | AZAL


CICS CT
AZAL
DAY THREE
15 DEC 2021
WEDNESDAY
9.30 am-11.30am
മയൂഖങ്ങൾ മലയാളി
Sri. MAHESH KOLORA
WELCOME SPEECH
Ms. PRIYADAS N
VOTE OF THANKS
Ms. SHIBILI I K
Tea to Calm and Warm You!
11.45am- 1.15pm
അഭിനയത്തിന്റെ സൗന്ദര്യം
Sri. SOUMYENDRAN KANNAMVELLY
(Trainer, Theater Artist)
WELCOME SPEECH
Ms. MINA M. V
VOTE OF THANKS
Ms. RASANATH M
A Feast for the King and Queen.
2.30pm-3.30pm
SESSION CONTINUES
3.30pm-4.00pm
Meri Chai kahan hai ?
CAMP REVIEW
NATIONAL ANTHEM
8 AZAL


CICS CTE
AZAL
DAY FOUR
16 DEC 2021
THURSDAY
9.30am- 1.30pm
Let's Try Kitchen Chemistry
2.30pm-3.30pm
"Born to Stand Out"
CULTURAL PROGRAMME BY STUDENTS
3.00pm-4.00pm
Camp SPY
Share Memories
NATIONAL ANTHEM
9 | AZAL


CICS CTE
Supporting Hands
Dr.Indira K
Mrs. Myrtle Victor
Mrs. Shiney M
Mrs. Divya K M
Dr. Mathew Joseph
Dr. Shimna Suresh
Ms. Vaishali
Mrs. Shyja K G
10
AZAL

Wings of AZAL

DECORATION

ALEENA JAMES
ALIYA C A
DILU C P
VISMAYA N
AYISHA RAHANA M T
ASHEETHA P
FASEELA P
RASANATH M
ANJITHA P
GAYATHREE N
AYSHA MURAAD P C
FATHIMA NAZZA M P



CURRENT AND H_2O

ABHINAV M M



ENTERTAINMENT

GAYATHREE N
SUGEETHA SALAM
ATHIRA A P
AISHWARYA M
SANOOJA A L
SABTHAB P V
SAHAD C V
SHIBILI K
PRINSHA K
MUHASIN T
ARYA M V
ASWATH M
MINA M V




CICS CTE
CAFE AND RESTO
VISMAYA C P
AMRUTHA M
ANAIGHA P
FAMNA P T
HASEENA P
HILNADAS P H
NIHALA SHIRIN M
SHAMINA K K
ASWATHI P M
RINSI K K
SAHALA T V
AKSHAYA P K
PURCHASE
SAHAD C V
ASWATH M
MUHASIN T
12 AZAL

RECEPTION

ANJITHA P
BINDHYA M
ANJANA T K
AKHILA C V
MOHASINA C O
RANIYA SHIRIN A M
NOOFA K A



FIRST AID

ANJITHA P
PRIYA DAS N
SAHIBAN ALI T P
RINSI K K
ALIYA C A
AKSHAYA P K



PROGRAM



ASWATH M
MUHASIN T
REEHA SHIRIN
AISHWARYA M
MINA M V
SABTHAB P V
SANOOJA A L
SHADIYA P M
SHIBILI K
PRIYDAS N
ATHIRA A P

PRESS & DOCUMENTATION



SAHAD C V
ALEENA JAMES
KAVITHA A
RANIYA SHIRIN A M

About CICS College of Teacher Education.....

- CICS College of Teacher Education, one of the pioneer institutions in the field of Teacher Education, started functioning from the academic year 2005-2006.
- Instituted under the management of Calicut Islamic Cultural Society which is wholly dedicated to social service, it is a full fledged college, imparting B. Ed curriculum affiliated to University of Calicut, recognized and approved by NCTE & Government of Kerala.
- Well qualified, experienced and dedicated teachers, always ready to serve, team management, with all infrastructural facilities above the requirement of this course, blessed with natural and serene atmosphere - all these add to the grandeur of institution and make this institution unique one.

Sister Institutions of CICS CTE

- Peekay CICS Arts & Science College
- Calicut Higher Secondary School for The Handicapped (Blind, Deaf and Dumb)
- Sneha Mahal (Special school for the Handicapped)
- Calicut Teacher Training Institute
- Calicut Orphanage Industrial Training Institute
- Calicut Orphanage High School
- Calicut Orphanage L-P School
- CICS Medical Center
- Calicut Islamic Residential Higher Secondary School

Creative Visionary

Camp Name: Ms. Sahiban Ali T.P

Camp Logo: Ms. Nihala Shirin M

Camp song: Ms. Rasanath M

Brochure Design: Ms. Kavitha A

Ms. Aleena James

Ms. Raniya Shirin A M

Dr. Shimna Suresh

Mrs. Shyja K G

Mrs. Myrtle Victor


"Memories are meant to be shared"
- Lois Lowry
ഓർമകളുടെ തീരാസഞ്ചാരത്തിലേക്ക്
ചേർത്തുവയ്ക്കാൻ.....
CICS COLLEGE OF TEACHER EDUCATION
M. G. NAGAR, MATHARA,
GURUVAYURAPPAN COLLEGE P.O
KOZHIKODE-673014, KERALA




AZAL
2K22




COMMUNITY LIVING CAMP
Dec 13 - 16
CICS COLLEGE
OF
TEACHER EDUCATION

16. BASIC LIFE SUPPORT (BLS) & TRAUMA MANAGEMENT TRAINING



Organised by

CICS COLLEGE OF TEACHER EDUCATION, MATHARA

In collaboration with

ASTER MIMS KOZHIKODE

20 December 2021, 9am to 1pm

PROGRAM



COMPERING: Shabthab, Gayathre



PRAYER: Aliya, Sanooja, Bindhya



WELCOME SPEECH: Dr. Mathew Joseph, Program Coordinator ADDRESS Teacher



PRESIDENTIAL :Dr K Indira. Principal, CICS College of



INAUGURAL ADDRESS:Prof Muhammed Basheer, Manager, CICS College of Teacher Education, Mathara.



INTRODUCING THE PROGRAM : Dr VENUGOPAL P P
Director &Lead Consultant in Emergency Medicine,Deputy Director,MIMS Academy



VOTE OF THANKS: Mr Ashwath Student Representative

BASIC LIFE SUPPORT & TRAUMA MANAGEMENT TRAINING by

ASTER MIMS Kozhikode



TEAM MEMBERS

- Dr Venugopal PP
- Muneer MP
- Muhammed Raneem
- Gokul
- Jishnu
- Rishad
- Aboobacker
- Suhail
- Shahal
- Aswathi
- Adithya

Specialty hospital which is located in the heart of Calicut city is at the forefront of medical technology and backed by internationally trained and highly qualified medical professionals, who administer the best available medical services across all major disciplines of medicine and surgery. MIMS is committed to the achievement and maintenance of excellence in healthcare for the benefit of the humanity. MIMS is the first multi-specialty hospital accredited by National Accreditation Board for Hospitals and Health Care Providers (NABH). Dr. Venugoplan P. P., Medical graduate of Calicut Medical College, post graduations in Anaesthesiology (DA, DNB, MNAMS), Emergency Medicine (MEM GWU-USA), Director, Lead Consultant in Emergency Medicine - Aster DM Healthcare, Site Director, - GWU USA, Regional Faculty AHA, Expert committee member KRSA, Deputy Director, MIMS Academy. Basic Life Support, or BLS, is the fundamental approach to saving lives following cardiac arrest. It generally refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress or an obstructed airway. It requires knowledge and skills in cardiopulmonary resuscitation (CPR), using automated external defibrillators (AED) and relieving airway obstructions in patients of every age.

OBJECTIVE OF THE TRAINING PROGRAM

To equip the participants with basic knowledge, skills and attitude to perform with confidence basic life support techniques to save lives. Perform high quality CPR for adults, children and infants.

Effective ventilations using a barrier device

Use of an AED

Importance of teams in multi rescuer resuscitation and performance as an effective team member during multi rescuer CPR

Relief of foreign-body airway obstruction (choking) for adults, children and infants.

ABOUT BLS.

Primary aspects of BLS include immediate recognition of sudden cardiac arrest and activation of the emergency response system, early cardiopulmonary resuscitation, and rapid defibrillation with an automated external defibrillator. Initial recognition and response to heart attack and stroke are also considered part of BLS. Check and ensure that the patients surrounding are safe before approaching. If the scene is OK put on gloves or other personal protective equipment as soon as possible.

CHECK THE PATIENT FOR A RESPONSE

The first step is to assess for a response.
Gently shake the patient's shoulders and ask loudly "or Hello can you hear me?" If they respond, the

"Are you alright''.

NON RESPONSE FROM PATIENT.

If there is no response from the patient you need to shout for help. This is absolutely essential, as you will not be able to effectively assess and treat the patient alone.

Open their airway using a head-tilt chin-lift manoeuvre:

1. Place one hand on the patient's forehead and the other under the chin.

2. Tilt the forehead back whilst lifting the chin forwards to extend the neck.

Inspect the airway for obvious obstruction. If an object is seen to be obstructing the airway, use a finger sweep or suction to remove obstructions that are in the line of sight.

ASSESS FOR SIGNS FOR LIFE.

With the airway held open (using the head-tilt and chin-lift manoeuvre), position your head looking down towards the chest, with your cheek above the patient's mouth.

JAW THRUST

If the patient is suspected to have suffered significant trauma (with potential spinal

involvement) perform a jaw-thrust rather than a head-tilt chin-lift manoeuvre:

1. Identify the angle of the mandible.

2. With the index and other fingers placed behind the angle of the mandible, apply steady upwards and forward pressure to lift the mandible.
3. Using the thumbs, slightly open the mouth by downward displacement of the chin.

CAROTID PULSE CHECK

Place two fingers over the carotid artery to assess for a pulse at the same time (you will likely need another person to help do this if you are trying to perform a jaw thrust).

ASSESS BREATHING

Look, listen and feel to assess if the patient is breathing for 10 seconds (ideally, you should expose the chest to assess breathing):

- Observe for the chest rising and falling.

- Listen for any evidence of breath sounds.
- Feel for air blowing against your cheek.
- Look for any other signs of life (e.g. movement).
- **PULSE IS PRESENT BUT RESPIRATORY RATE IS LOW.**

If the respiration rate is below 12 – assist ventilation with bag valve mask (BVM) to maintain 10 breaths/min (re-checking the pulse every minute to ensure it is still present).You will likely need two people to perform effective ventilation with a BVM (one ensuring a good seal over the face and the other compressing the bag to deliver the oxygen).The BVM should ideally be connected to high-flow oxygen as soon as possible. If there are no signs of life, you need to call for help from the resuscitation team and commence CPR. If more than one person is present, you can do these tasks simultaneously, however, if you are alone, you should leave the patient and get help first (as this will ensure the resuscitation team attend and can commence advanced life support).

PERFORM CHEST COMPRESSIONS

The patient needs to be positioned on a flat, hard surface for effective compressions to be possible. Deliver 30 chest compressions followed by 2 ventilations and repeat. Place one hand on top of the other in the centre of the lower half of the sternum. Aim to compress the chest by approximately one-third of the depth of the chest wall (5-6cm), as this allows for sufficient emptying of the cardiac ventricles. Perform compressions at approximately 100-120 compressions per minute. Make sure to allow the chest to fully recoil, this allows enough time for the heart's chambers to refill before the next compression. It is absolutely essential to minimise interruptions to chest compressions. Alternate the person performing chest compressions at 2minute intervals (if enough team members are present).If tracheal intubation is performed, chest compressions should then be continued without any interruption at a rate of 100-120 a minute.

VENTILATE THE PATIENT

Perform a head-tilt chin-lift manoeuvre to open the airway and allow effective ventilation.
Pinch the nostrils closed with your thumb and index finger.
Place your mouth tightly over the patient's mouth (or use a pocket-mask or bag-valve-mask if available).
Deliver 2 breaths (with an inspiratory time of approximately 1 second) and watch for the patient's chest rising (which confirms you are ventilating them).

Release the nostrils and observe for the patient's chest falling as the air is exhaled.
You should then begin performing another 30 chest compressions.
Add supplemental oxygen as soon as you are able to.

In clinical settings, mouth-to-mouth ventilation may not be performed due to concerns regarding infectious diseases or because airway equipment is available (e.g. pocket-mask, bag-mask or anaesthetic input for tracheal intubation).If there are clinical reasons to avoid mouth-to-mouth ventilation, perform chest compressions until help and airway equipment arrives.

Once an automated external defibrillator (AED) arrives, it is import to attach the 2 self-adhesive ADHESIVE PAD 1: the right of the sternum below the clavicle.

ADHESIVE PAD 2: the mid-axillary line, with its long axis vertical and sufficiently lateral.

If the patient is hairy, you may need to shave the areas to allow adequate contact between the pads and the skin. Check for and remove any piercings as these can cause burns to the patient during defibrillation (doing this should not significantly delay defibrillation).

Turn on the AED and follow the audio-visual instructions:

- Typically the AED will ask you to pause chest compressions whilst it performs a rhythm check.
- It will then indicate if the rhythm is shockable or non-shockable and instruct you to deliver a shock if it is the former.
- If a shock needs to be delivered, ensure you and no one else is in contact with the patient and press the deliver shock button on the AED.
- Re-commence CPR after the shock is delivered and follow further instructions from the AED (which will typically involve another rhythm check in 2 minutes).

Advanced life support would be commenced once the resuscitation team arrives.

IF SIGNS OF LIFE ARE PRESENT AND PATIENT RESPONDS.

Call for urgent medical assessment which may be the same resuscitation team as for cardiac arrest, or a dedicated medical emergency team.

ASSESS ABCDE9.

Breathing: administer oxygen and monitor SpO2 using pulse oximetry.





17. National Mathematics Day Celebration

Date : 22nd December 2021 (Wednesday)
Time : 2:00 PM
Organized by : Αριθμός – Mathematics Club (Batch 2020–22)

In connection with National Mathematics Day, the Αριθμός – Mathematics Club (2020–22) organized an exciting and intellectually stimulating event titled “Treasure Hunt” on 22nd December 2021, at 2:00 PM.

Programme Overview

The event was designed to combine fun with learning, helping students explore the joy of mathematics through teamwork and logical thinking. The Treasure Hunt was inspired by the theme “Kalakkappillayude Nidhi Kandetham” (Finding the treasure of Kanakkapillai), giving a creative twist to mathematical problem-solving.

Participants formed teams and followed a series of mathematical clues, puzzles, and logical challenges hidden at different locations around the campus. Each clue required quick thinking, application of mathematical concepts, and team coordination to reach the next stage.

Highlights

Active participation from students across all departments.

Exciting clues and mathematical puzzles promoting analytical and problem-solving skills.

A fun-filled and competitive atmosphere that encouraged teamwork and enthusiasm.

The final team to solve all clues successfully discovered the “treasure” and was declared the winner.

Outcome

The Treasure Hunt turned out to be an enjoyable and educative experience for all participants. It helped students realize the creative and practical sides of mathematics beyond the classroom. The event effectively promoted logical reasoning, critical thinking, and collaboration among student teachers.

Conclusion

The Αριθμός – Mathematics Club successfully organized the Treasure Hunt as part of the National Mathematics Day celebrations. The programme reflected the spirit of mathematical exploration and teamwork. It was indeed a memorable event that made mathematics engaging and enjoyable for everyone involved.

18. Christmas Day Celebration



Date : December 23, 2021
Venue : CICS College of Teacher Education
Occasion : Christmas and New Year Celebration

Introduction

The students and faculty of CICS College of Teacher Education came together on December 23, 2021, to celebrate the joyous occasion of Christmas. The event was filled with festive cheer, vibrant decorations, and heartfelt moments that reflected the spirit of the season.

Highlights of the Event

- **Christmas Papa Arrival:** A lively appearance by Christmas Papa (Santa Claus) brought smiles and excitement to the gathering. His playful interaction with students added a magical touch to the celebration.
- **Dress Code:** Students embraced the festive theme by wearing bright red dresses, symbolizing warmth, joy, and unity.
- **Decorations:** The College was beautifully adorned with colourful balloons, streamers, and a Christmas tree, creating a cheerful ambiance.
- **Cake Cutting Ceremony:** A delicious Christmas cake was shared among students and staff, marking the sweetness of the occasion.
- **Carol Singing:** Students performed traditional Christmas carols, spreading joy through music and melody.
- **New Year Wishes:** The event concluded with heartfelt New Year greetings, expressing hope and positivity for the year ahead.

Conclusion

The Christmas celebration at CICS College of Teacher Education was a delightful blend of tradition, fun, and togetherness. It provided a platform for students to showcase their creativity, build camaraderie, and embrace the festive spirit. The event was a resounding success, leaving everyone with cherished memories and renewed enthusiasm for the coming year.




Merry Xmas
&
Happy new year

19. Art and Drama Workshop – "തുടി 2k22"



Date : 13 January 2022
Time : 10:00 AM – 3:30 PM
Venue: CICS Seminar Hall

Resource Person: Suresh Kuttyraman
Renowned Theatre Artist and Film Director

Overview:

The "Art and Drama Workshop – 'തുടി 2k22"' was a vibrant and immersive event aimed at enhancing the creative and expressive skills of teacher education students. Hosted by CICS College of Teacher Education, Mathara, the workshop brought together aspiring educators **and art enthusiasts for a day of theatrical exploration and artistic engagement.**

Objectives:

- To introduce participants to the fundamentals of drama and performance.
- To explore the role of theatre in education and personal development.
- Provide hands-on experience in acting, expression, and stagecraft.

- **Interactive Sessions** led by Suresh Kuttyraman, focusing on body language, voice modulation, and improvisation.
- **Group Activities** including role-play, storytelling, and mask work.
- **Creative Exercises** that encouraged spontaneity and emotional expression.
- **Q&A Session** where participants engaged with the resource person on the intersection of theatre and teaching.

Participation:

The workshop saw enthusiastic participation from B.Ed. students and faculty members. The seminar hall was filled with energy, curiosity, and a shared passion for the performing arts.

Visuals:

The event poster featured colourful theatrical masks symbolizing drama and creativity, alongside a portrait of the resource person, setting a vibrant tone for the workshop.

Outcomes:

- Participants gained confidence in public speaking and performance.
- Enhanced understanding of drama as a pedagogical tool.
- Strengthened collaborative and creative thinking among future educators.

20. Badminton Tournament



Organized by : CICS College of Teacher Education, Mathara
Date : 21st February 2024
Venue : Manalody Alikoya Haji Memorial Badminton Court, Mankav, Kozhikode
Time : 10:00 AM

The GICS College of Teacher Education, Mathara, organized an inter-college Badminton Tournament on 21st February 2024 at the Manalody Alikoya Haji Memorial Badminton Court, Mankav, and Kozhikode. The event aimed to promote sportsmanship, teamwork, and physical fitness among teacher education students.

The tournament began at 10:00 AM with an inaugural ceremony. The Principal of the college delivered the welcome address and emphasized the importance of sports in developing discipline and determination among students. The event was officially inaugurated by the chief guest, who encouraged the participants to play with passion and fairness.

Several teams from different teacher education institutions participated in the event, displaying remarkable energy and skill. The matches were played with great enthusiasm and healthy competition. The audience actively cheered for the participants, creating a vibrant and motivating atmosphere throughout the day.

After a series of thrilling matches, the final round was played between the top two teams. The winners and runners-up were awarded trophies and certificates in the closing ceremony. The event concluded with a vote of thanks by the organizing committee, expressing gratitude to all the participants, volunteers, and faculty members who made the tournament a grand success.

The badminton tournament not only provided a platform for showcasing sports talent but also fostered unity, discipline, and a spirit of togetherness among the students.








BADMINTON COURT

21. Photography Contest



Organized by **:** Department of Physical Science
Institution **:** CICS College of Teacher Education, Mathara
Occasion **:** National Science Day Celebration
Theme **:** *Science around us*

Event Overview

To commemorate National Science Day, the Department of Physical Science at CICS College of Teacher Education, Mathara, launched a Photography Contest aimed at encouraging students and teachers to explore and capture scientific elements in everyday life. The theme, *Science around us*, invites participants to reflect on how science manifests in nature, technology, and daily experiences.

Contest Rules

- Participants must submit original photographs taken by themselves.
- Each entry must include a caption that reflects the scientific relevance of the image.
- The contest is open to all students and teachers of the institution.
- Deadline for submission: **27th February 2022, before 3 PM**.

Objective

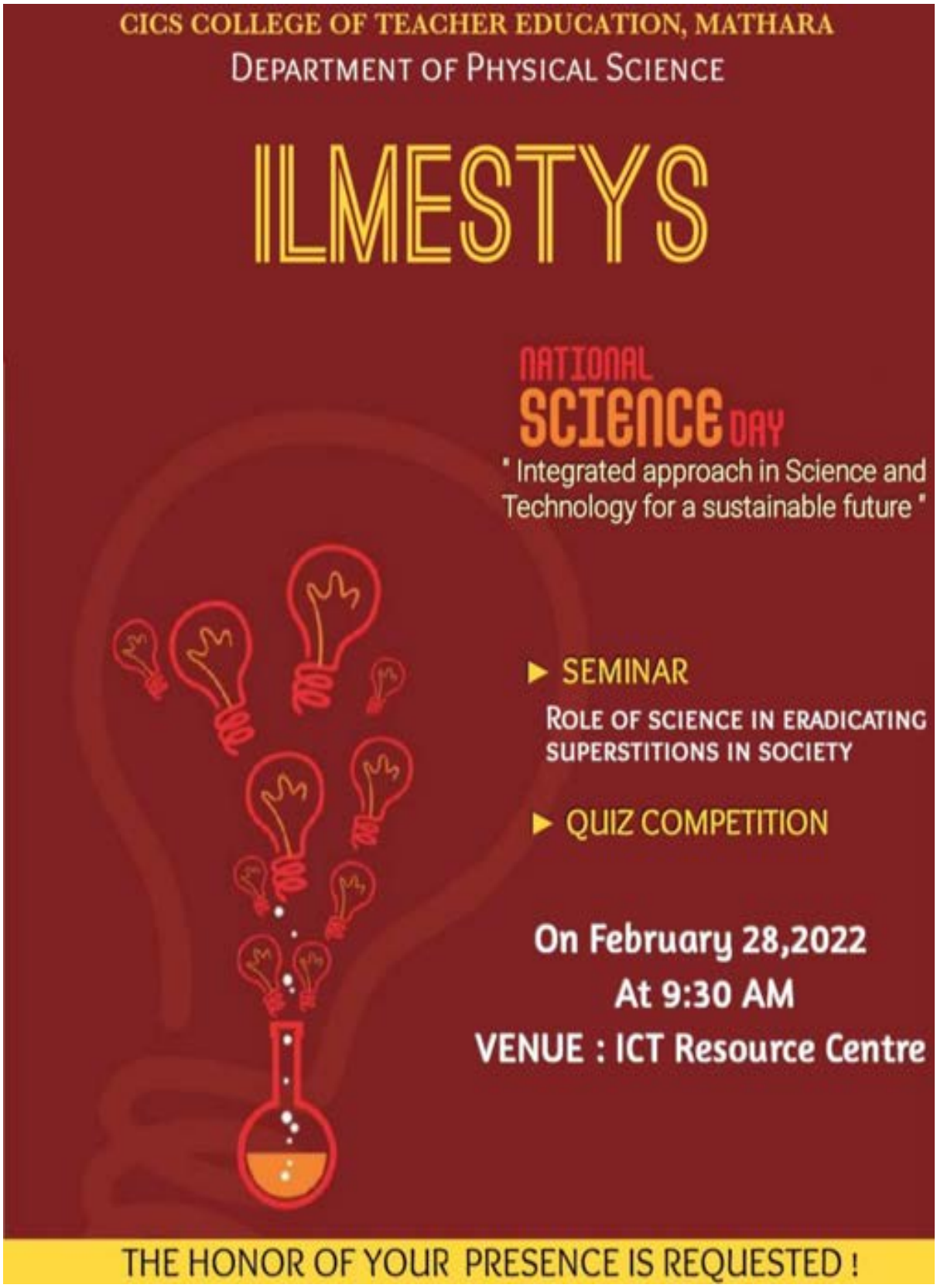
The contest aims to foster scientific curiosity and creativity through visual storytelling. By encouraging participants to observe and document science in their surroundings, the event promotes awareness and appreciation of scientific principles in everyday life.

Visual Theme

The promotional poster features a hand holding a smartphone, capturing a scenic view of water and buildings under a cloudy sky—symbolizing the intersection of technology, nature, and human perception, aligning perfectly with the contest’s theme.

22. National Science Day Celebration

ILMESTYS



Date : 28th February 2022
Organized by : Department of Physical Science
Venue : College Auditorium
Event : Quiz Competition

The Department of Physical Science organized a Quiz Competition on 28th February 2022 in connection with the celebration of National Science Day. The event aimed to promote scientific awareness, curiosity, and enthusiasm among student teachers.

Programme Overview

Students were invited to participate in the competition in teams of two members each. The quiz focused on a wide range of topics related to science, technology, and recent scientific developments. The rules and regulations of the competition were announced on the spot before the commencement of the event.

The quiz consisted of multiple rounds, including preliminary, visual, and rapid-fire rounds, designed to test both conceptual understanding and quick thinking. Participants actively engaged in all the rounds, displaying their scientific knowledge and enthusiasm.

Highlights

Excellent participation from students across all departments.

Well-structured quiz rounds that encouraged scientific reasoning and teamwork.

Active audience involvement, making the event lively and interactive.

Recognition for the winning and runner-up teams with certificates and appreciation.

Outcome

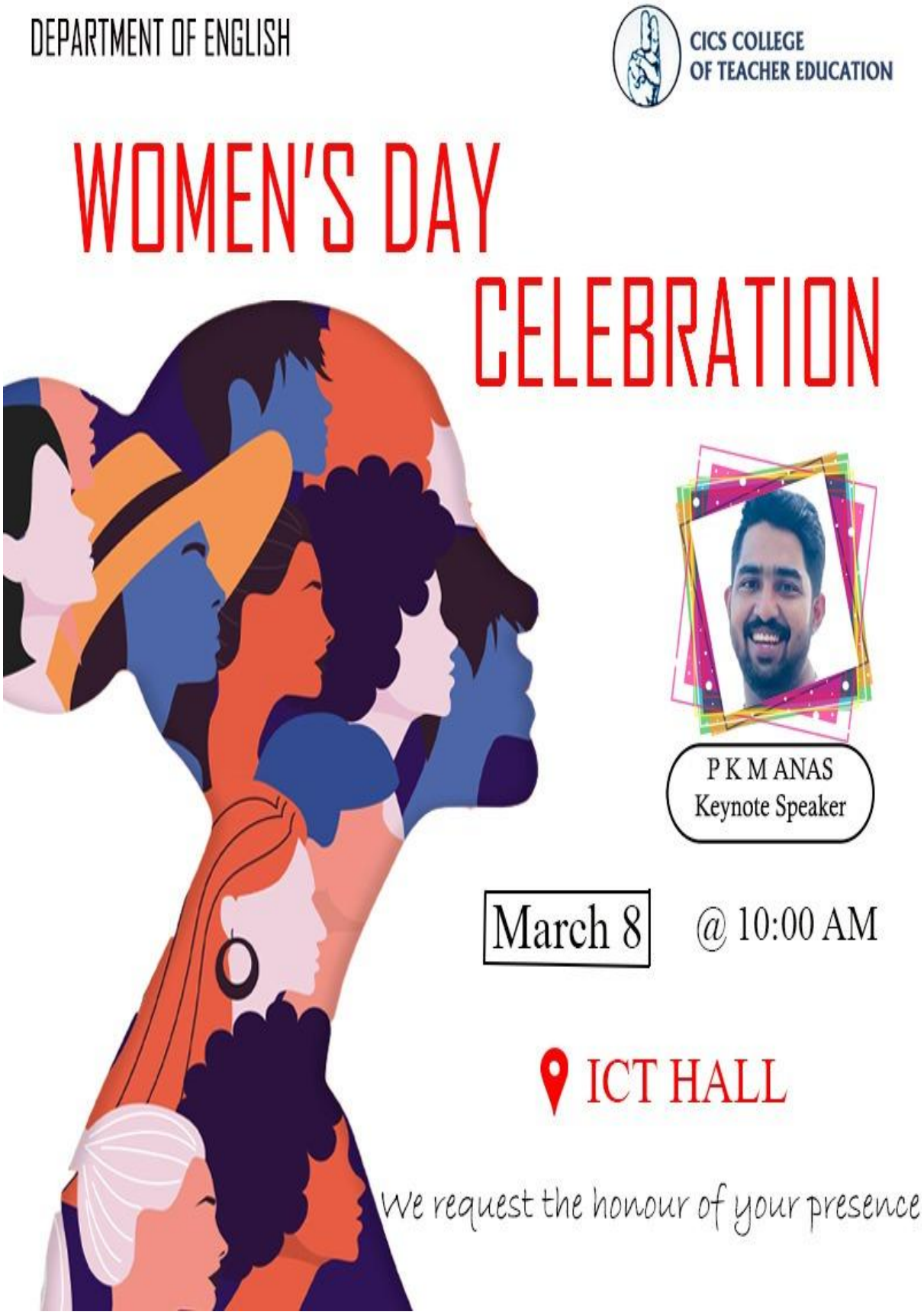
The event successfully enhanced the students’ scientific awareness and analytical thinking. It provided a platform for healthy competition and collaborative learning, aligning perfectly with the spirit of National Science Day — celebrating science and innovation for the betterment of society.

Conclusion

The Quiz Competition organized by the Department of Physical Science as part of National Science Day 2022 was a resounding success. The enthusiastic participation of students and the efficient coordination by the organizing committee made the event both enjoyable and educational.

The programme truly reflected the importance of science in everyday life and inspired students to pursue knowledge with curiosity and passion.

23. Women's Day



The Women's Cell of CICS College of Teacher Education is established with the motto "towards a gender fluid world with an open and empowered mind". All the faculty and students of the college are members of the cell. In the year 2022, the teacher-in-charge of the cell is Dr. Shimna Suresh.

The world is advancing towards a time where calibre and potential is valued over gender identities. In a world of opportunities, it is important to instil in girl students the confidence and power to showcase their best potential and conquer the world with their capabilities. The women cell is committed towards empowering girl students, taking up their issues and problems, helping them address the issue and move on in life with confidence and rigour. The cell provides a platform to share their views and experiences regarding their status in society through self-reflective workshops like "I, ME, and MYSELF".

The Department of English in collaboration with the Women's cell of CICS College of Teacher Education observed the International women's day on 8th March 2022 in the college ICT resource centre. The students prepped for the day well in advance and conducted diverse programmes to educate, generate awareness, and sensitize both the male and female members to create a harmonious atmosphere in the campus.

Objectives

- To generate the feeling of dignity, leadership and empowerment of girl students
- To help the girl students explore their imminent potential in all aspects
- To counsel and train students to acquire a wide range of skills and knowledge to increase their status and prosper in society
- To sensitize the students on women rights, gender equality and women empowerment
- To provide equal opportunities to students irrespective of gender roles
- To enhance understanding of issues related to women
- To be aware of the importance of women in the society and their rights and duties
- To promote the rights of women and highlight gender equality and the right to life and liberty irrespective of gender bias
- To treat all women with dignity and respect
- To pledge to never physically or mentally abuse women
- To be committed to the elimination of violence against women

- To create an environment of safety and security for women in the campus
- To address practical issues related to the welfare / wellbeing of women in the campus

Aimed at promoting intellectual and social upliftment of women, the institution in collaboration with the women cell organised a guest lecture cum awareness programme along with other activities in the current year 2022.

Gallery walk- The students titled the gallery walk as SHERO. They prepared graffiti of women (origami) and vouched their solidarity towards women empowerment by conducting a parade through the institution carrying placards and posters advocating themes and concepts deemed necessary for equality of women (themes like financial independence, self-sufficiency, encouraging he power to say “ no” etc. to cite a few!)

Talk on women's day - the cell organizer a talk by youth icon Mr. Anas P K M

(Public Speaker, Teacher) State level Elocution competition Champion at the 66 th All India Cooperative week celebration.

Poster making competition- the students also conducted a department wise poster making competition on the theme “women empowerment “. The department of natural sciences and social sciences won first and second places respectively.

The women’s cell in CICS CTE is committed towards promoting gender sensitivity and will continue inculcating leadership skills among girls for up skilling them and promoting their growth as individuals in their own right and for social progress.




WOMEN'S DAY
CELEBRATION
March 8
@ 10:00 AM
ICT HALL
CICS COLLEGE
OF
TEACHER EDUCATION

24. Sports Day: Athletica 2K22



Date : 10 March , 2022
Time : 9:00 AM
Venue : Peekay College Ground

The annual sports extravaganza, ***Athletica 2K22***, was held on March 10, 2022, at 9:00 AM at the Peekay College Ground. The event was inaugurated by the esteemed Mr. Baiju K Jose, whose inspiring words set the tone for a day filled with energy, enthusiasm, and sportsmanship.

The ceremony began with a vibrant march-past by the participating houses, followed by the hoisting of the sports flag and the lighting of the torch, symbolizing the spirit of fair play and competition. Mr. Baiju K Jose addressed the gathering, emphasizing the importance of physical fitness, teamwork, and perseverance in shaping well-rounded individuals.

A wide array of athletic events was conducted, including sprints, relays, long jump, high jump, and shot put. Students from various departments showcased their talents and competitive spirit, cheered on by an enthusiastic crowd of peers and faculty.

The highlight of the day was the inter-departmental relay, which drew loud cheers and fierce competition. Medals and certificates were awarded to the winners, and the overall championship trophy was claimed by [Insert Winning Team/Department].The event concluded with a heartfelt vote of thanks and the lowering of the sports flag, marking the end of a memorable day that celebrated unity, discipline, and the joy of sport.







25. Fine Arts Fest *Dhwani*



Organized by : CICS College of Teacher Education, Mathara
Date : 30th March 2022
Co-ordinator : Mrs. Divya, Assistant Professor in Social Science

Event Overview

The Fine Arts Fest titled *Dhwani* was a vibrant celebration of creativity and talent, held on 30th March 2022 at CICS College of Teacher Education, Mathara. The event brought together students and faculty in a colorful showcase of artistic expression, cultural performances, and community spirit.

Inauguration

The fest was inaugurated by renowned playback singer **Sinov Raj**, whose presence added glamour and inspiration to the occasion. His words encouraged young artists to pursue their passions and embrace the transformative power of the arts.

Welcome Address

The event commenced with a warm welcome speech delivered by **Dr. K. Indira**, Principal of CICS College. She emphasized the importance of fine arts in holistic education and applauded the efforts of the organizing team.

Coordination

The entire fest was meticulously coordinated by **Mrs. Divya**, Assistant Professor in Social Science. Her leadership and dedication ensured the smooth execution of the event, from planning to performance.

Highlights

- A variety of competitions including music, dance, painting, and drama
- Enthusiastic participation from students across departments
- Judging panels comprising faculty and guest artists
- Awards and certificates distributed to winners and participants

Objective

The fest aimed to nurture artistic talents, foster cultural appreciation, and provide a platform for self-expression. It also served as a bonding experience for the college community, reinforcing the value of creativity in education.

26. Kulu-Manali Educational Tour



Organized by : CICS College of Teacher Education
Duration : 13 Days (5th May – 17th May) 2022
Location : Kullu and Manali, Himachal Pradesh

Objectives of the Trip

- To provide experiential learning through exposure to diverse cultures and geography.
- To foster camaraderie between senior and junior batches.
- To explore the natural beauty and historical significance of Himachal Pradesh.
- To encourage team spirit, responsibility, and leadership among students.

Famous Places Visited

Itinerary Overview: Kullu-Manali Trip (5th May – 17th May)
Day 1 (5th May):
- Departure from CICS College of Teacher Education
- Overnight journey to Manali

Day 2 (6th May):
- Arrival in Manali
- Hotel check-in and orientation session

Day 3 (7th May):
- Visit Hadimba Devi Temple
- Explore Manu Temple and surrounding areas

Day 4 (8th May):
- Adventure activities at Solang Valley (paragliding, zipline, etc.)

Day 5 (9th May):

- Excursion to Rohtang Pass
- Snow activities and sightseeing

Day 6 (10th May):

- Visit Vashisht Hot Springs
- Trek to Jogini Waterfall

Day 7 (11th May):

- Explore Manali Mall Road
- Cultural evening with student performances

Day 8 (12th May):

- Visit Naggar Castle and Nicholas Roerich Art Gallery

Day 9 (13th May):

- Travel to Kullu
- Visit Raghunath Temple
- River rafting in Beas River

Day 10 (14th May):

- Visit Kullu Shawl Factory
- Explore Vaishno Devi Temple (Kullu)

Day 11 (15th May):

- Group activities and reflection session

Day 12 (16th May):

- Departure from Kullu-Manali

Day 13 (17th May):

- Arrival back at college
- Trip concludes

In Manali:

- **Hadimba Devi Temple**: A serene temple surrounded by cedar forests, known for its unique architecture.
- **Solang Valley**: A hub for adventure sports like paragliding, zorbing, and skiing.
- **Rohtang Pass**: A breathtaking snow-covered mountain pass offering panoramic views.
- **Manu Temple**: Dedicated to Sage Manu, believed to be the creator of mankind.
- **Vashisht Hot Springs**: Natural sulfur springs with therapeutic properties.
- **Jogini Waterfall**: A scenic trek leading to a majestic waterfall.
- **Mall Road**: A bustling street for shopping and local cuisine.

In Kullu:

- **Raghunath Temple**: A historic temple dedicated to Lord Rama.
- **River Rafting in Beas River**: A thrilling experience for adventure enthusiasts.
- **Kullu Shawl Factory**: Insight into traditional handloom weaving.
- **Vaishno Devi Temple (Kullu)**: A peaceful shrine nestled in the hills.

Student Engagement & Learning Outcomes

- **Cultural Exposure**: Students learned about Himachali traditions, cuisine, and lifestyle.
- **Adventure & Teamwork**: Activities like rafting and trekking promoted collaboration.
- **Reflection & Journaling**: Daily reflections helped students articulate their experiences.
- **Leadership Development**: Seniors mentored juniors during logistics and coordination.



Memories Captured

- Group photos at Rohtang Pass and Solang Valley.
- Cultural night performances by students.
- Candid moments during treks and market visits.

Conclusion

The 13-day trip to Kullu-Manali was a resounding success, blending education, adventure, and bonding. It provided students with a refreshing break from academics while enriching their understanding of geography, culture, and interpersonal dynamics. The memories and lessons from this journey will remain etched in their hearts for years to come.










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