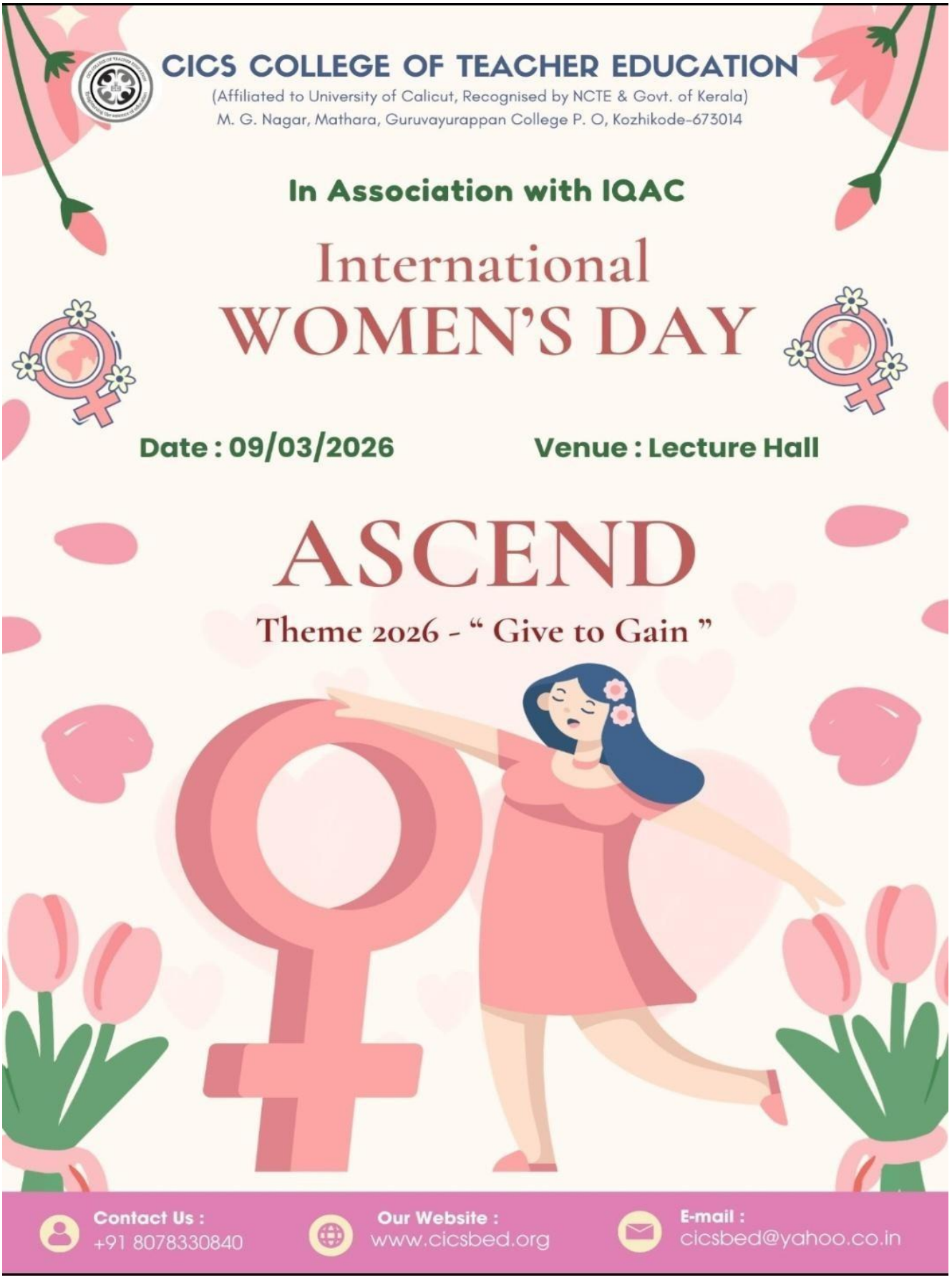
Report

ASCEND

International Women's Day Observation 2026



The Women's Cell of CICS College of Teacher Education, in association with IQAC, organized International Women's Day on 09/03/2026 in the Conference Hall under the theme "ASCEND 2026 - Give To Gain." The Department of English (Juniors) co-ordinated the event.

The event aimed to empower women in education by fostering gender equality and breaking societal taboos through interactive activities.

The official, symbolic colors for International Women's Day (IWD) are purple, green, and white. These colors represent justice and dignity (purple), hope (green), and purity (white). So the student coordinators wore the said colour coded dresses in solidarity.

Approximately 100 B.Ed students and faculty participated, promoting collaborative support as per the theme's emphasis on generosity leading to mutual advancement.

Theme Explanation

The 2026 International Women's Day theme "Give To Gain" highlights that generosity creates reciprocity, where giving support—such as knowledge, resources, mentoring, or visibility—multiplies opportunities for women and benefits society.

It encourages actions like challenging biases, providing equal pay, and celebrating achievements to forge gender equality. In teacher education, this translates to mentoring future educators for collective empowerment



. **Ms Adhila compered the session**



Ms Aysha gave a brief review on the Theme and the importance of Women's Day.

Programme Highlights

1. Debate: Students debated on the topic FEMINISM HAS DONE MORE GOOD THAN HARM on women empowerment, sparking discussions on Gender roles and gender biases. Participants emphasized breaking barriers through policy and awareness. Ms.Neha gave instructions while Ms. Liya and Ms. Rinsha acted as moderators.





2. Interactive Chart Activity: Attendees were encouraged to write names of inspiring role models on paper strips and affix them to a chart, titled GRATITUDE BLOSSOMS, visually mapping influences on personal growth. This fostered reflection on mentorship's role in "giving to gain." Ms.Karthils, Ms.Ashna and Ms. Hiba were the coordinators of the programme




LOVE
GIRL POWER
STRONG WOMEN
EMPOWER



.3.Two student teachers Mushrifa and Meghna presented a relevant topic through a MIME. The mime act powerfully depicted women's multifaceted roles—strength, resilience, struggles, and triumphs—through expressive gestures and coordinated movements, requiring no words. It captivated the audience, evoking deep reflection on gender equality and empowerment in a silent yet profound tribute. The performance was a highlight, aligning perfectly with the day's theme and inspiring all attendees.





3.Sanitary Pads Distribution: The Boys in the institution distributed sanitary pads to the girls, challenging societal shame and taboos around menstruation to normalize conversations and promote gender sensitivity.



This symbolic act aligned with the theme by giving support to dismantle stigma. Mr. Roshan gave a powerful one-liner on breaking conventional taboos and generating conversations on societal taboos. Mr. Ameen supervised the conduct of the project.



Outcomes and Impact

The event successfully engaged participants in theme-aligned activities, enhancing awareness of gender equality in pedagogy. Feedback indicated stronger community bonds and commitment to inclusive teaching practices.

